



This list is handy to keep with you when you're going grocery shopping. Animal ingredients are often called by their obscure technical names. So here is a list helpful list to fold up and keep in your wallet or purse. *Note: some of the ingredients listed below may no longer be animal based due to the advancements in synthetics and their costs compared to traditional animal counterparts. *Ingredients listed in an asterisk are ones that sometimes come from plants or have synthetic alternatives.

Ingredients:

ACETATE (see Palmitic acid)	BEESWAX/HONEYCOMB	CEREBROSIDES (acid that covers the nerves)
ACETYLATED HYDROGENATED LARD GLYCERIDE (see Glycerin)	*BENZOIC ACID (compound produced in animals)	CETETH-2 - POLTETHYLENE (2) CETYL ETHER (see Cetyl)
ACETYLATED LANOLIN (see Lanolin)	BENZYLTRIMONIUM HYDROLYZED ANIMAL PROTEIN	CETETH-2, -4, -6, -10, -30 (see Cetyl)
ACETYLATED LANOLIN ALCOHOL (see Lanolin)	*BETA CAROTENE (compound produced in animals)	CETYL ALCOHOL (wax taken from whales)
ACETYLATED LANOLIN RICINOLEATE (see Lanolin)	BILE (produced in the liver of most invertebrates)	CETYL LACTATE (see Lanolin)
ACETYLATED TALLOW (see Tallow)	BIOTIN (vitamin taking from eggs, liver, milk, etc)	CETYL MYRISTATE/ CETETH (see Cetyl Alcohol)
ADRENALINE (animal hormone)	BLOOD	CETYL PALMITATE (taking from whales)
AFTERBIRTH	BONE ASH	CHAMOIS (taken from goats)
ALANINE (amino acid)	BONE EARTH	*CHITIN (see Glucose)
*ALBUMEN. ALBUMIN (egg whites)	BOAR BRISTLES	CHITOSAN (fiber derived from crustacean shells)
*ALCLOXA (uric acid from cows)	BONE CHAR	CHONDROITIN (made from animal cartilage)
*ALDIOXA (uric acid from cows)	BONE MEAL	CHOLESTERIN (fat taken from wool)
ALIPHATIC ALCOHOL (oil from sheep glands)	BONITO (dries fish flakes)	CHOLESTEROL (steroid taken from animals)
ALLANTOIN (uric acid from cows)	BRAWN (head Cheese)	CHOLINE BITARTRATE (compound in eggs)
ALLIGATOR SKIN	BRAIN EXTRACT	CIVET (secretion from civet cats)
ALPHA-HYDROXY ACIDS (compound in muscles)	BUTTERMILK	COCHINEAL (crushed insects)
AMERACHOL (see Lanolin)	C30-46 PISCINE OIL (marine oil derived from fish)	COD LIVER OIL
AMBERGRIS (material produced in whale intestines)	CALCIFEROL (vitamin taking from milk, eggs, etc)	COLETH-24 (see Cholesterol)
*AMINO ACIDS (compound produced in animals)	CALCIUM CARBONATE (Sometimes derived from bones/teeth)	COLLAGEN (protein taken from animals)
*AMINOSUCCINATE ACID (an amino acid)	CALCIUM HYDROXIDE (see Calcium Carbonate)	*COLORS (animal pigments)
*AMMONIUM HYDROLYZED PROTEIN (Animal Protein)	CALCIUM OXIDE (see Calcium Carbonate)	CORAL (marine organisms)
AMNIOTIC FLUID (Afterbirth)	CALCIUM PHOSPHATE (see Calcium Carbonate)	CORTICOSTEROID (animal hormone)
AMPD ISOTERIC HYDROLYZED ANIMAL PROTEIN	CALFSKIN	CORTISONE (animal hormone)
AMYLASE (Hog Pancreas Enzyme)	CANTHARIDIN (Beetle secretions)	CYSTEINE L-FORM (an amino acid)
ANCHOVY (Small Fish)	*CAPRYLAMINE OXIDE (acid from milk)	CYSTINE (an amino acid)
ANGORA (animal hair)	*CAPRYL BETAINE (acid from milk)	DEA-OLETH-10 PHOSPHATE
ANIMAL COLLAGEN AMINO ACIDS	*CAPRYLIC ACID (acid from milk)	DESAMIDO ANIMAL COLLAGEN
ANIMAL FATS/OILS/BONES/HAIR	CAPRYLIC TRIGLYCERIDE (acid from milk)	DESAMIDOCOLLAGEN (see Collagen)
ANIMAL PROTEIN DERIVATIVE	CARBAMIDE (compound produced in animals)	*DEXPANTHENOL (vitamin from animals)
ANIMAL TISSUE EXTRACT	CARMINE (crushed insects)	DICAPRYLOYL CYSTINE (see Caprylic acid)
ARACHIDONIC ACID (acid found in liver, brains, etc)	CARMINIC ACID (crushed insects)	DIETHYLENE TRICASEINAMIDE (made from milk)
ARACHIDYL PROPRIONATE (wax from animal fat)	CAROTENE (see Beta Carotene)	DIGLYCERIDES (from animal fat)
*ASPARTIC ACID (an amino acid)	CASEIN (milk protein)	DIHYDROCHOLESTEROL (see Cholesterol)
*ASPIC (often made from clarified meat)	CASEINATE (milk protein)	DIHYDROCHOLESTEROL OCTYLEDECANOATE (see Cholesterol)
ASTRAKHAN (Wool)	CASHMERE (wool)	DIHYDROCHOLETH-15 AND 30 (see Cholesterol)
BATYL ALCOHOL (see shark liver oil)	CASTOR (substance taking from beaver genitals)	DIHYDROGENATED TALLOW BENZYLMONIUMCHLORIDE (see Tallow)
BATYL ISOSTEARATE (see Glycerin)	CASTOREUM (see castor)	DIHYDROGENATED TALLOW (see Tallow)
BEE POLLEN	CATGUT	METHYLAMINE
BEE PRODUCTS	CAVIAR (sturgeon eggs)	
	CERA FLAVA (beeswax)	



happyCow

compassionate eating guide

<p>DIHYDROGENATED TALLOW PHTHALATE (see Tallow) DIHYDROXYETHYL TALLOW AMINE OXIDE (see Tallow) DIMETHYL HYDROGENATED TALLOWAMINE (see Tallow) DIMETHYL STEARAMINE (fat from cows and sheep) DIMETHYL TALLOWAMINE (see Tallow) DISODIUM HYDROGENATED TALLOWGLUTAMATE (see Tallow) DISODIUM TALLAMIDO MEA-SULFOSUCCINATE (see Tallow) DISODIUM TALLOW AMINODIPROPIONATE (see Tallow) DITALLOWDIMONIUM CHLORIDE (see Tallow) DOWN (bird feathers) DUODENUM SUBSTANCES (taken from cows) *DYES (animal pigmentation) E120 (see Carmine) E542 (bone phosphate) EDIBLE BONE PHOSPHATE EGG PROTEIN EIDERDOWN (duck feathers) ELASTIN (animal protein) EMBRYO EXTRACT EMU OIL ERGOSTEROL (see Vitamin D) *ERGOCALCIFEROL (vitamin from animals) *ESTRADIOL (vitamin taken from animals) ESTROGEN (animal hormone) ESTRONE (see Estradiol) ETHYL ARACHIDONATE (see Ethyl Alcohol) ETHYL ESTER OF HYDROLYZED ANIMAL PROTEIN ETHYL MORRHUATE – LIPINEATE (from cod liver oil) ETHYLENE DEHYDROGENATED TALLOWAMIDE (see Tallow) *FATS (usually come from animals) FATTY ACIDS (acids taken from animals) *FD&C COLORS (animal pigments) FEATHERS FISH LIVER OIL FISH OIL FISH SCALES FLETAN OIL (from fish liver) FUR GEL (protein taken from animals) GELATIN (protein taken from animals) GLUCOSAMINE (from crustacean shells) GLUCOSE TYROSINASE (an amino acid)</p>	<p>GLUCURONIC ACID (from animal livers) *GLUTAMIC ACID (an amino acid) GLYCERIDES (an animal fat) GLYCERIN (an animal fat) GLYCERINE (see Glycerin) GLYCEROL (an animal fat) GLYCERYL LANOLATE (see Lanolin) GLYCERYLS (an animal fat) *GLYCOGEN (from animal livers) GLYCRETH-26 (an animal fat) GUANINE. PEARL ESSENCE (from fish scales) HEPTYLUNDECANOL (from glands of the queen bee) HIDE GLUE HONEY HORSEHAIR HYALURONIC ACID (protein taken from animals) HYDROCORTISONE (hormone taken from animals) HYDROGENATED DITALLOW AMINE (see Tallow) HYDROGENATED HONEY HYDROGENATED LANETH-5, -20, -25 (see Lanolin) HYDROGENATED LANOLIN (see Lanolin) HYDROGENATED LANOLIN ALCOHOL (see Lanolin) HYDROGENATED LARD GLYCERIDE (see Lard) HYDROGENATED SHARK-LIVER OIL HYDROGENATED TALLOW ACID (see Tallow) HYDROGENATED TALLOW BETAINE (see Tallow) HYDROGENATED TALLOW GLYCERIDE (see Tallow) HYDROLYZED ANIMAL ELASTIN HYDROLYZED ANIMAL KERATIN HYDROLYZED ANIMAL PROTEIN HYDROLYZED CASEIN (see Casein) HYDROLYZED ELASTIN (see Elastin) HYDROLYZED KERATIN (see Keratin) HYDROLYZED MILK PROTEIN HYDROLYZED SILK HYDROXYLATED LANOLIN (see Lanolin) IMIDAZOLIDINYL UREA (an animal byproduct) INSULIN (taken from a hog pancreas) ISINGLASS (protein taken from animals) ISOBUTYLATED LANOLIN (see Lanolin) ISOBUTYLATED LANOLATE (see Lanolin) ISOPROPYL LANOLATE (fat or oil taken from wool) *ISOPROPYL MYRISTATE (acid taking from animals) ISOPROPYL PALMITATE (animal fat)</p>	<p>ISOPROPYL TALLOWATE/SOPROPYL LANOLATE (see Tallow) ISOSTEARIC HYDROLYZED ANIMAL PROTEIN ISOSTEAROYL HYDROLYZED ANIMAL PROTEIN KERATIN (protein taken from animals) LACTIC ACID (acid found in blood and muscles) LACTIC YEASTS (from milk) LACTOSE (mammal milk) LANETH (fat or oil taken from wool) LANOGENE (fat or oil taken from wool) LANOLIN. LANOLIN ACIDS (fat/oil taken from wool) LANOLIN ALCOHOL (fat or oil taken from wool) LANOLIN LINOLEATE (see Lanolin) LANOLIN OIL (see Lanolin) LANOLIN RICINOLEATE (see Lanolin) LANOLIN WAX (see Lanolin) LANOINAMIDE DEA (see Lanolin) LANOSTEROLS (fat or oil taken from wool) LARD (fat from hog abdomens) LAUROYL HYDROLYZED ANIMAL PROTEIN L-CYSTEINE HYDROCHLORIDE (from duck feathers) LEATHER (the skin of a cow) LECITHIN (compound taken from nerve tissue) *LEUCINE (an amino acid) *LINOLEIC ACID (found in meat and dairy) LIPASE (enzyme taking from calves and lambs) *LIPIDS (fat from animals) *LIPOIDS (fat from animals) LIVER EXTRACT *LYSINE (an amino acid) MAGNESIUM LANOLATE (see Lanolin) MAGNESIUM TALLOWATE (see Tallow) MAMMARIAN EXTRACT (milk, or from milk) MARINE OIL (oil from fish and marine mammals) MAYONNAISE (usually contains eggs) MEA-HYDROLYZED ANIMAL PROTEIN MENHADEN OIL-POGY OIL (fish oils) METHIONINE (an amino acid) MILK PROTEIN MINK OIL (oil from minks) MINKAMIDOPROPYL DIETHYLAMINE (mink oil) MOHAIR</p>
---	---	---



happyCow

compassionate eating guide

<p>MONOGLYCERIDES (FAT FROM ANIMALS)</p> <p>*MONOSODIUM GLUTAMATE - MSG (an amino acid)</p> <p>MUCOPOLYSACCHARIDES (from animal tissue)</p> <p>MUSCLE EXTRACT</p> <p>MUSK AMBRETTE</p> <p>MUSK OIL (secretion of musk deer, beaver, etc)</p> <p>*MYRISTAL ETHER SULFATE (animal acid)</p> <p>*MYRISTIC ACID (acid taken from animals)</p> <p>MYRISTOYL HYDROLYZED ANIMAL PROTEIN</p> <p>MYRISTYLS (acid taken from animals)</p> <p>**"NATURAL FLAVOR" (see Natural Sources)</p> <p>**"NATURAL SOURCES" (can mean from animals)</p> <p>*NUCLEIC ACIDS (taken from living cells)</p> <p>OCENOL (From fish oils)</p> <p>*OCTYL DODECANOL (from sperm whales)</p> <p>*OLEAN, *OLESTRA (an animal fat)</p> <p>OLEAMIDOPROPYL DIMETHYLAMINE HYDROLYZED ANIMAL PROTEIN</p> <p>*OLEIC ACID (from animal oils)</p> <p>*OLEIC OIL (see Oleic acid)</p> <p>*OILS (can be from animals)</p> <p>OLEOSTEARINE (rendered animal fat)</p> <p>OLEOYL HYDROLYZED ANIMAL PROTEIN</p> <p>OLETH-2, -3-20, 25, 50 ETC./ OLEYL ALCOHOL/ OLEAMINE/ OLEYL BETAINE (see Oleic acid)</p> <p>OLETHS (from fish oil)</p> <p>OLEYL ALCOHOL (from fish oil)</p> <p>OLEYL ARACHIDATE (from fish oil)</p> <p>OLEYL IMIDAZOLINE (from fish oil)</p> <p>OLEYL LANOLATE (see Lanolin)</p> <p>*OLEYL MYRISTATE (acid taken from animals)</p> <p>OLEYL OLEATE (oils taken from animals)</p> <p>OLEYL STEARATE (oils from animals)</p> <p>OVARIAN EXTRACT (extract from ovaries)</p> <p>OX BILE</p> <p>OX GALL</p> <p>*PALMITAMIDE (fats from animals)</p> <p>*PALMITAMINE (fats from animals)</p> <p>*PALMITATE (fats from animals)</p> <p>*PALMITIC ACID (fats from animals)</p> <p>PALMITOYL HYDROLYZED ANIMAL PROTEIN</p> <p>PALMITOYL HYDROLYZED MILK PROTEIN</p> <p>*PANTHENOL (compound taken from animals)</p> <p>*PANTHENYL (compound taken from animals)</p> <p>PEG-28 GLYCERYL TALLOWATE (see Tallow)</p> <p>PEG-8 HYDROGENATED FISH GLYCERIDES</p> <p>PEG-5 THROUGH -70 HYDROGENATED LANOLIN (SEE LANOLIN)</p>	<p>PEG-13 HYDROGENATED TALLOW AMIDE</p> <p>PEG-5 TO -20 LANOLATE (see Lanolin)</p> <p>PEG-5 THROUGH -100 LANOLIN (see Lanolin)</p> <p>PEG-75 LANOLIN OIL AND WAX (see Lanolin)</p> <p>PEG-2 MILK SOLIDS</p> <p>PEG-6, -8, -20 SORBITAN BEESWAX</p> <p>PEG-40, -75, OR -80 SORBITAN LANOLATE (see Lanolin)</p> <p>PEG-3, -10, OR -15 TALLOW AMINOPROPYLAMINE (see Tallow)</p> <p>PEG-15 TALLOW POLYAMINE (see Tallow)</p> <p>PEG-20 TALLOWATE (see Tallow)</p> <p>PEPSIN (taken from hogs stomachs)</p> <p>PENTAHYDROSQUALENE (see shark liver oil)</p> <p>PLACENTA (fetus waste matter)</p> <p>PLACENTA POLYPEPTIDES PROTEIN (see Placenta)</p> <p>PLACENTAL EXTRACT (see Placenta)</p> <p>PLACENTAL PROTEIN (see Placenta)</p> <p>POLYGLYCEROL (an animal fat)</p> <p>POLYGLYCERYL-2 LANOLIN ALCOHOL ETHER (see Lanolin)</p> <p>*POLYPEPTIDES (an amino acid)</p> <p>POLYPEPTIDES PROTEIN (an amino acid)</p> <p>POLYSACCHARIDES (from animal tissue)</p> <p>POLYSORBATES (oils taken from animals)</p> <p>POLYTETYLENE GLYCEROL/GLYCOL/PEG (see Glycerin)</p> <p>POTASSIUM CASEINATE (milk protein)</p> <p>POTASSIUM TALLOWATE (see Tallow)</p> <p>POTASSIUM UNDECYLENOYL HYDROLYZED ANIMAL PROTEIN</p> <p>PPG-12-PEG-50 LANOLIN (see Lanolin)</p> <p>PPG-2, -5, -10, -20, -30 LANOLIN ALCOHOL ETHERS (see Lanolin)</p> <p>PPG-30 LANOLIN ETHER (see Lanolin)</p> <p>PREGNENOLONE ACETATE (See Acetate)</p> <p>PRISTANE (from shark liver oil)</p> <p>PROGESTERONE (an animal hormone)</p> <p>PROPOLIS (material gathered by bees)</p> <p>*PROVITAMIN A (sometimes taken from animals)</p> <p>*PROVITAMIN B-5 (compound taken from animals)</p> <p>*PROVITAMIN D-2 (may be taken from animal fats)</p> <p>PURCELLINE OIL SYN (oil from the preen glands OF WATERFOWL)</p> <p>QUATERNIUM 27 (see Tallow)</p> <p>RENNET (enzyme formed in a calves stomach)</p> <p>RENNIN (enzyme formed in a calves stomach)</p> <p>RESINOUS GLAZE (excretion of insects)</p> <p>RETINOL (See Acetate)</p> <p>*RIBONUCLEIC ACID (taken from living cells)</p> <p>*RNA (taken from living cells)</p>	<p>ROYAL JELLY (produced by the queen bee)</p> <p>SABLE BRUSHES (horse hair)</p> <p>*SACCHARIDE HYDROLYSATE (see Glucose)</p> <p>SACCHARIDE ISOMERATE (from animal tissue)</p> <p>SEA SPONGE</p> <p>SEA TURTLE OIL</p> <p>SERUM ALBUMIN (animal protein)</p> <p>SERUM PROTEINS (animal protein)</p> <p>SHARK LIVER OIL</p> <p>SHEEPSKIN</p> <p>SHELLAC (excretions of insects)</p> <p>SILK. SILK POWDER (produced by worms)</p> <p>SNAILS</p> <p>SODIUM CASEINATE (comes from milk)</p> <p>SODIUM CHONDROITIN SULFATE (fish cartilage protein)</p> <p>SODIUM COCO-HYDROLYZED ANIMAL PROTEIN</p> <p>SODIUM HYDROGENATED TALLOW GLUTAMATE (see Tallow)</p> <p>*SODIUM 5 – INOSINATE (an amino acid)</p> <p>SODIUM LANETH SULFATE (see Lanolin)</p> <p>SODIUM METHYL OLEOYL TAURATE</p> <p>SODIUM N-METHYL-N-OLEYL TAURTATE (FROM FISH OIL)</p> <p>SODIUM SOYA HYDROLYZED ANIMAL PROTEIN</p> <p>SODIUM STEROYL LACTYLATE (acid from blood)</p> <p>SODIUM TALLOWATE (rendered beef fat)</p> <p>SODIUM TALLOW SULFATE (see Tallow)</p> <p>SODIUM / TEA-LAUROYL HYDROLYZED ANIMAL PROTEIN</p> <p>SODIUM / TEA-UNDECYLENOYL HYDROLYZED ANIMAL PROTEIN</p> <p>SPLEEN EXTRACT (from an animal spleen)</p> <p>SPERMACETI. SPERM OIL (taken from whales)</p> <p>SPONGE {LUNA AND SEA} (plant-like animal)</p> <p>SQUALANE (shark liver oil)</p> <p>SQUALENE (shark liver oil)</p> <p>*STEARAMIDE (fat from animals)</p> <p>*STEARAMINE (fat from animals)</p> <p>*STEARAMINE OXIDE (from sperm whale oil)</p> <p>*STEARATES (fat from animals)</p> <p>*STEARIC ACID (fat from animals)</p> <p>*STEARIC HYDRAZIDE (fat from animals)</p> <p>*STEARONE (fat from animals)</p> <p>*STEAROXYTRIMETHYLSILANE (animal fat)</p> <p>*STEAROYL LACTYLIC ACID (fat from animals)</p> <p>*STEARYL ACETATE (from sperm whale oil)</p>
---	--	--



happyCow

compassionate eating guide

<p>*STEARYL ALCOHOL (from sperm whale oil)</p> <p>*STEARYL BETAINE (fat from animals)</p> <p>*STEARYL CAPRYLATE (from sperm whale oil)</p> <p>*STEARYL CITRATE (from sperm whale oil)</p> <p>*STEARYL DIMETHYL AMINE (sperm whale oil)</p> <p>*STEARYL GLYCIRRHETINATE (sperm whale oil)</p> <p>*STEARYL HEPTANOATE (from sperm whale oil)</p> <p>*STEARYL IMIDAZOLINE (fat from animals)</p> <p>*STEARYL OCTANOATE (from sperm whale oil)</p> <p>*STEARYL STEARATE (from sperm whale oil)</p> <p>STENOL (see Sterols)</p> <p>STEROIDS (animal hormone)</p> <p>STEROLS (animal hormone)</p> <p>SUEDE (cow skin)</p> <p>(RAW BEEF OR MUTTON FAT)</p> <p>TALLOW (rendered beef fat)</p> <p>TALLOW ACID (rendered beef fat)</p> <p>TALLOW AMIDE (rendered beef fat)</p> <p>TALLOW AMIDOPROPYLAMINE OXIDE</p> <p>TALLOW AMINE OXIDE (see Tallow)</p> <p>TALLOW FATTY ALCOHOL (rendered beef fat)</p> <p>TALLOW GLYCERIDES (rendered beef fat)</p> <p>TALLOW HYDROXYETHYL IMIDAZOLINE (see Tallow)</p> <p>TALLOW IMIDAZOLINE (rendered beef fat)</p> <p>TALLOWATE (see Tallow)</p> <p>TALLOWMIDE DEA AND MEA (see Tallow)</p> <p>TALLOWMIDOPROPYL HYDROXYSULTAINE</p> <p>TALLOWMINOPROPYLAMINE (see Tallow)</p> <p>TALLOWMPHOACETE (see Tallow)</p> <p>TALLOW TRIMONIUM CHLORIDE (see Tallow)</p> <p>TAURINE (made in the lower intestine of animals)</p> <p>TEA-ABIETOYL HYDROLYZED ANIMAL PROTEIN</p> <p>TEA-COCO HYDROLYZED ANIMAL PROTEIN</p> <p>TEA-LAUROYL ANIMAL COLLAGEN AMINO ACIDS</p> <p>TEA-LAUROYL ANIMAL KERATIN AMINO ACIDS</p> <p>TEA-MYRISTOL HYDROLYZED ANIMAL PROTEIN</p> <p>TEA-UNDECYLENOYL HYDROLYZED ANIMAL PROTEIN</p> <p>TESTICULAR EXTRACT</p> <p>TESTOSTERONE (animal hormone)</p>	<p>*THREONINE (an amino acid)</p> <p>TRIETHONIUM HYDROLYZED ANIMAL PROTEIN ETHOSULFATE</p> <p>TRILANETH-4 PHOSPHATE (see Lanolin)</p> <p>TRITERPENE ALCOHOLS (oil taken from sheep)</p> <p>TURTLE OIL</p> <p>TYROSINE (an amino acid)</p> <p>UREA (substance taken from animals)</p> <p>URIC ACID (substance taking from animals)</p> <p>VELLUM (mammal skin)</p> <p>*VITAMIN A (can come from fish liver oil)</p> <p>*VITAMIN B-COMPLEX FACTOR (animal based)</p> <p>*VITAMIN B FACTOR (can come from milk)</p> <p>*VITAMIN B-12 (usually an animal source)</p> <p>*VITAMIN D (can come from milk, fish oil, etc)</p> <p>*VITAMIN H (can come from animal)</p> <p>WAX (made from beeswax)</p> <p>WHEY (a serum from milk)</p> <p>WOOL (sheep fur)</p> <p>WOOL FAT (oil or fat from sheep)</p> <p>WOOL WAX (oil or fat from sheep)</p> <p>YOGURT</p> <p>ZINC HYDROLYZED ANIMAL PROTEIN</p>	
--	--	--